



Community.
Health.
Care.

2018 COMMUNITY
REPORT



Our Mission

Marimn Health provides primary care, holistic healing, preventive care, and wellness promotion to all members of the community as intended by the Creator. Whether you're looking for a new doctor or simply trying to improve your health with more integrated and holistic care, Marimn Health has the award-winning services you need and caring professional staff to enhance every part of your personal wellness.



MARIMN
HEALTH

2018 BEST PLACES
TO WORK INLAND
NORTHWEST

In September 2018, **Marimn Health** was chosen by the Spokane Journal of Business as one of the Inland Northwest's Best Places to Work for 2018! We know how lucky we are to be able to work for the Tribe and this award is a testament to the Tribe and Tribal Leadership and their support for the community. It's also an incredible testament to our employees who are by far and away the most important part of why Marimn Health is one of the top places to work. Thank you to our staff for making this award possible.



MARIMN
HEALTH



A MESSAGE FROM OUR CEO

Dear Friends and Neighbors,

Lim Lemtsh (Thank you). Because of the support from our wonderful patients, customers and this amazing community, 2018 was a banner year for Marimn Health. Because of you, we served the highest number of patients in our history. And because of you, we were able to expand and offer more health and wellness services than ever before.

I am pleased to report that we now have the highest number of medical, dental and behavioral health providers here on staff. So it's never been easier to access care for all of your health and wellness needs. We also recently added new services like Podiatry, Reentry, Medication-Assisted Treatment and The Emerge Program.

We believe our patients, customers, and community are essential parts of our Marimn Health family. We will always do our very best to make sure you feel that way, that's why we have renewed our focus on customer satisfaction and community engagement. We continue to take care of our employees so they can focus on taking care of you and your family – in fact, we were awarded 1st place in our category for the 2018 Best Places to Work in the Inland Northwest.

We are blessed with a Health Board and Tribal Council that support our mission and vision and trust our organization to address the health and wellness needs of our community. We take this responsibility

very seriously. Rest assured we are working diligently to implement solutions to the challenges we face today and we're striving to anticipate and meet the needs of tomorrow.

To that end, we have expanded our Boys & Girls Club programming to five nights per week and will be breaking ground on the new Youth and Family Rec Center in Worley soon. This facility will be an absolute game changer in terms of prevention and our ability to equip our youth with the skills needed to be successful.

We still have much more to accomplish. As President Franklin D. Roosevelt once said, "The only limit to our realization of tomorrow will be our doubts of today." There is no doubt: Our future has never been brighter and I can't wait to see what 2019 has in store.

Again, lim lemtsh for being a part of our Marimn Health Family.

**Helo Hancock, CEO
Marimn Health**

OUR HEALTH BOARD & LEADERSHIP TEAM



2018 Health Board

Marimn Health Medical Center and the Marimn Health Wellness Center are owned by the Coeur d'Alene Tribe. The Coeur d'Alene Tribal Health Authority Board oversees the operations of the medical and wellness center. The Health Board is made up of members who live throughout the reservation and always includes a representative from the Coeur d'Alene Tribal Council. Board members serve three year terms and meet monthly.

Standing, from left to right - Matthew Stensgar: Chairman, Melissa Lambert, Ida "JR" Gustin, Bernie LaSarte: Vice Chair, Sara Allen, Carla Seyler.
Seated, from left to right - Norma Peone, Ernie Stensgar, Debbie Chapman.

Please join us in thanking Debbie Chapman for her service to the Health Board. She completed her term last year. Welcome to Heather Harper, who was appointed to her first term on the Health Board in 2018.

2018 Leadership Team



Helo Hancock,
CEO



Marquette Hendrickx,
Operations Director



Janice Jordan, Medical
Operations Director



Paul Bergland,
Finance Director



Dr. Taylor Wilkens,
Dental Director



Dr. Coy Fullen,
Medical Director



LoVina Louie,
Wellness Center Director



Lindsey Holt, Behavioral
Health Director



Stacey Dunn, Human
Resources Director

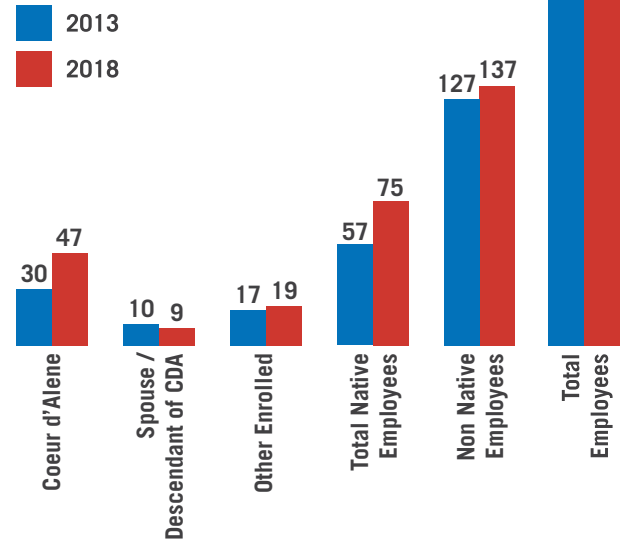


Heather Keen, Strategic
Development Director

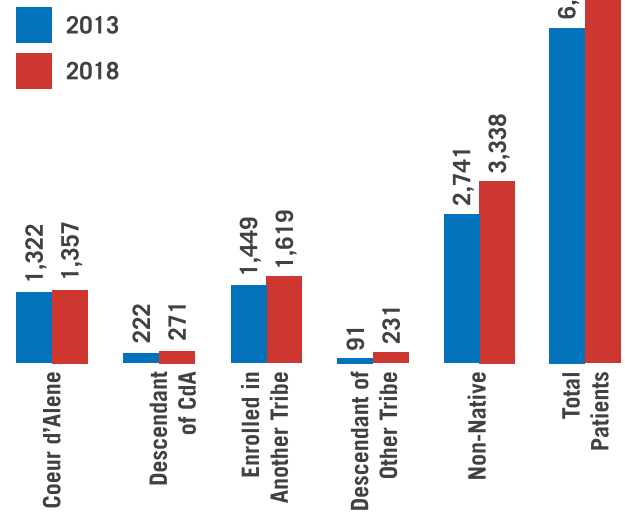


KEY METRICS

Employment Numbers



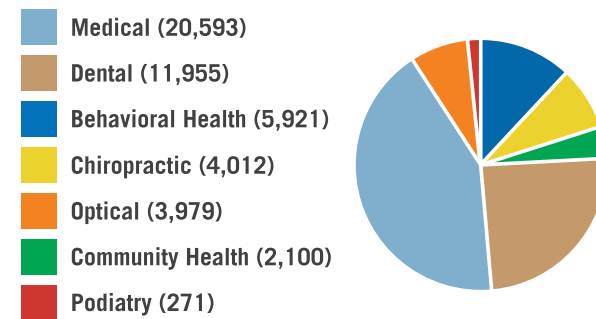
Patient Demographics



Top 10 Reasons People Visited the Medical Clinic in 2018

1. Immunizations
2. High Blood Pressure
3. Type 2 Diabetes without complications
4. General Adult Medical Exam
5. Type 2 Diabetes with hyperglycemia
6. Cough
7. The Common Cold
8. Low Back Pain
9. Sore Throat
10. Hypothyroidism

2018 Visits By Department



Wellness Center

Total Unique Members • **1,485**
Average Monthly Entries • **2,758**
Total Entries • **33,095**

PATHWAYS TO RECOVERY



Addiction and drug use is a problem everywhere across the United States and we take these issues seriously at Marimn Health. This issue is at the top of our minds for those of us who have family and friends in our community impacted by drug use.

Medication- Assisted Treatment Program

We recently started a Medication-Assisted Treatment (MAT) program to help those in our community who are battling addiction. Our MAT team develops an individualized plan for each patient, beginning with a monthly injectable medication received at the clinic to alleviate withdrawal symptoms. Patients attend individual counseling sessions and group meetings to help build skills for a healthier life without drugs or alcohol. The program can coordinate traditional treatment options such as medical detox, inpatient treatment, and transitional housing.

We also have a specialized MAT service for pregnant women and new mothers struggling with addiction or in recovery. The Emerge

We are removing barriers to get people into treatment. We have also started several new programs to help those in our community break the difficult cycle of addiction.

Program provides medical care, support, and resources during pregnancy and for up to 15 months after the baby is born. Dr. Kate Aguirre and Behavioral Health Clinician Angie Delio are teaming up to run this program in-house at Marimn Health.

MAT has been successful in other communities and we are excited to bring it to our community. If you know of anyone who would benefit from our MAT services, please urge them to contact us at 208.686.1931 and get connected with Debbie Chapman, our MAT Program Coordinator.

Community Healing and Wellness

Ryan Ortivez, Marimn Health's Community Healing and Wellness Coordinator, works with people of all backgrounds on their path to recovery. Ryan is a certified Recovery Coach and Peer Support Specialist who helps clients understand their treatment options, connects them to community resources, and guides them on their journey to recovery.



Ryan Ortivez
Community Healing
and Wellness Coordinator



YOUTH PROGRAMS



Boys & Girls Club Statistics : Fall 2018

Enrolled in Boys & Girls Club • **135**

CDA Tribal members • **105**

Other Tribes • **16**

Boys & Girls Clubs of America has been working in Indian Country for more than 25 years. Today, Boys & Girls Clubs of America is the nation's largest youth services provider for native youth. In fact, they serve 114 Tribal communities with 200 Native Boys & Girls Clubs across the nation. These Native Clubs serve 90,000 youth each year, opening doors to opportunities for each child who participates in a Club.

We rolled out our very own Boys & Girls Club programs in fall of 2017 on Friday and Saturday evenings. In 2018, we expanded our programs to 5 nights per week. Up until this point, the friendly staff at the Boys & Girls Club of Kootenai County have provided training and operational support to our employees for free while we work through the process of establishing our own club.

However, our Boys & Girls Club programs have always been directly run by our very own employees at the Wellness Center - led by LoVina Louie and Jaycee Goudy - members of our reservation community. Jaycee, along with Coeur d'Alene Tribal Member Imani Antone and the rest of the Youth Programs Staff are doing a wonderful job ensuring tribal culture

and values are infused into the club programming. The Club gives our kids a safe place to go after school and the programs there are helping them stay away from drugs, alcohol, and crime. They provide homework help and regular physical activity. The Club curriculum increases the high school graduation rate amongst youth who are members of a Boys & Girls Club.

Children ages 6 and older can come to the Boys & Girls Club after school for homework help, structured playtime, culture, art, and mentorship. Please tell your friends, your family, and anyone who has youth who could be positively affected by joining the Boys & Girls Club. Registration is available at the Wellness Center.



Jaycee Goudy
Youth Programs Supervisor



Imani Antone
Youth Programs Coordinator

REENTRY PROGRAM

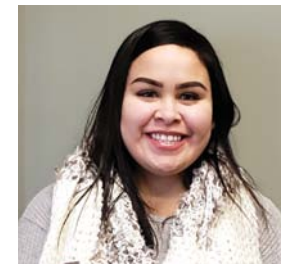


Coming home can be hard for those returning to our community after inpatient treatment or after being incarcerated. That's why Marimn Health and the Coeur d'Alene Tribe created a Reentry Program to help community members re-integrate into the community in a healthy way.

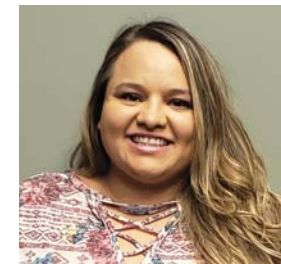
Reentry coaches advocate for clients and families. They can also break down barriers that may arise when settling back into the community. The Reentry Team will meet clients when they finish treatment or are released and will walk beside them until they are healthy.

Coaches have thorough knowledge of the services available through the Tribe and Marimn Health. They can connect people to resources and reduce obstacles to health and wellness. The Reentry Team works with courts, social services, behavioral health, medical, education, employment, and others to provide the resources to address each individual's needs.

Steven Moffitt is the Reentry Program Manager. Brianna Louie and Corrina Hendrickx joined the Reentry Program as Reentry coaches. They receive additional support from Ryan Ortivez who provides recovery coaching, peer support services, and patient advocacy services as a part of the Behavioral Health team.



Brianna Louie
Reentry Coach



Corrina Hendrickx
Reentry Coach



Steven Moffitt
Reentry Program Manager

**To get additional information, call 208.686.0411
or email reentry@marimnhealth.org.**



SERVICES ADDED

Patient counts are growing and we're adding more services to accommodate the numbers!

Patients in 2018 • **6,975**

Visits in 2018 • **48,831**

Marimn Health has a team of **Patient Relationship Coordinators** led by Dee Janson. She and her staff are here to ensure your experience here is the best it can be. They can help you navigate all aspects of your healthcare, advocate for you as a patient, help to answer your questions, resolve any issues, and can even help accommodate special needs or requests.



This year we added more equipment and exam rooms in **optical** to reduce the wait. This allows us to see more patients each day.

Our **transportation** department is growing! For many years, we have offered rides to appointments at Marimn Health. In 2018, we began transporting patients to specialist appointments off the reservation. Transportation is also available for our patients who are participating in our MAT Program and Reentry Program.

We began offering **podiatry** last April. Dr. Brent Clark helped almost 300 patients with their foot pain last year and he will see even more in 2019.

Between the Fall of 2017 and December 2018, **Marimn Health** held **6 community forums** including one community meeting in each of all **3 reservation towns**.

Overview of Our Primary Care Services

- Medical
- Dental
- Counseling
- Pharmacy
- Optometry
- Chiropractic
- Lab and Radiology
- Community Health Services
- Physical Therapy
- Wellness Center

For a full list, please visit marimnhealth.org

NEW HEALTHCARE PROVIDERS



Dr. Kate Aguirre, MD
Family Medicine Physician

Dr. Aguirre completed medical school at the University of New Mexico and moved to Idaho to complete her Family Medicine Residency in Coeur d'Alene. Dr. Aguirre is interested in pediatrics, preventive medicine, women's health, and prenatal care. In addition to patient care, she leads the Emerge services under the MAT program.



Robert Davis, Physician Assistant

You may remember Robert from when he worked at the clinic from 2008-2012. A graduate of the University of Washington MEDEX Northwest Physician Assistant Program, Robert returned to Marimn Health in 2018 and we are excited to have him back!



Nikole Mills,
Psychiatric Nurse Practitioner

We added a Psychiatric Nurse Practitioner to our team. Nikole is helping us integrate our medical and behavioral health services. She conducts patient counseling and crisis intervention. Nikole can also diagnose mental health conditions, manage medications and side effects of medications, and provide psychiatric care to our patients.



Cristy Kay,
Licensed Master Social Worker

Cristy has been serving children and families of diverse populations for over 10 years in various capacities including elementary school support, outdoor-based therapy, youth counseling, and Equine Assisted Psychotherapy. In addition to seeing patients at the clinic, Cristy is also working with youth on the reservation through the Healing of the Canoe program.



Jamie Smith, Licensed
Professional Counselor &
Advanced Certified Alcohol /
Drug Counselor

Jamie is a Mental Health / Substance Use Disorder Clinician who joined our team in 2018. She holds a Master's degree in Rehabilitation Counseling and Human Services through the University of Idaho and a Bachelor's degree in Psychology.

We have more providers and more services than ever before - give us a call to schedule an appointment today.

208.686.1931



THE FUTURE

In the fall of 2018, the Coeur d'Alene Tribal Council gave the approval for Marimn Health to build a new Youth and Family Recreation Center on tribal land near Worley, Idaho. The primary goal for the new building is to give the youth and families on the reservation a safe place to gather, learn, and have fun.

“There are many important needs in our community, but none more pressing than preserving and protecting the health and safety of our youth. As the saying goes, an ounce of prevention is worth a pound of cure, and investing in our youth is an investment in the future of the Tribe,” said Ernie Stensgar, Chairman of the Coeur d'Alene Tribe.

The building includes a family waterpark with a waterslide and indoor splash pad, children's play area, lazy river, lap lanes, and water climbing wall and plunge platforms; outdoor sports fields, including a basketball court, softball/ baseball, and football fields; outdoor playground for kids and pavilion and picnic area; fitness equipment and areas; ample dedicated space for youth programs, including Boys & Girls Club programs; and child care.

The building is being designed by NAC Architects and has a preliminary budget of approximately \$15.8 million. The facility will be owned and operated by the Tribe and Marimn Health. We expect to break ground on the building in mid to late 2019.



“This is a major step toward our mission to create lasting change in the overall health of our community,” said Helo Hancock, CEO of Marimn Health. “I have no doubt that this investment in prevention for the youth of our reservation will positively impact the future of our entire community for generations to come.”

