




Wellness Center Renovations Project Update

The wait is over and the renovation project at the Wellness Center has officially begun! On March 12th Walker Construction moved on site and started working on the first phase of our project right away. Some of the changes we'll see in this phase include converting the physical therapy pool into a new space for Wellbriety. The conference rooms will be restructured before moving Physical Therapy into their new area near the main entrance of the building, and we'll soon start the remodeling of the men's locker room.

Currently, most of the work being completed involves a lot of demolition, so the Wellness Center is quite noisy. Demolition is happening in multiple spaces throughout the building, so you'll see temporary walls in place for the safety of our staff and patrons. This is an exciting project, and it may be tempting to try to enter some of these areas, however, we need everyone to stay out of all the closed-off sections.

The small parking lot by the Physical Therapy department is closed off to the public for the duration of the project and is only accessible to Walker Construction and other contractors. This means that physical therapy patients will park in the main Wellness Center parking lot from now on. The parking spaces closest to the sidewalk are reserved for physical therapy patients to help make entering the facility easier.

Part of the work on the new physical therapy space has required us to re-arrange the fitness floor. If you don't see your favorite fitness machine or equipment, it was likely temporarily moved into the racquetball room. Throughout the renovation we will have to move fitness equipment around several times to allow the project to proceed, so if you have questions about where things have moved to please do not hesitate to ask one of our team members.



The renovation at the Wellness Center has been a long time coming and it's exciting to see all the things we have planned come to life over the next 16 months!

Check out what was accomplished in March, and learn about what we expect to see happen in April:

March Updates:

- Walker Construction is now using the back parking lot by Physical Therapy (PT).
- PT patients park in the main parking lot. Parking spaces next to the sidewalk are reserved for PT patients.
- Demolition took place in the old therapy pool and in the conference room areas.
- The racquetball room glass was removed, and some fitness machines were temporarily moved to this space.

Coming in April:

- The men's locker room will close for remodel. The family locker room will function as the men's locker room. No family locker rooms are available at this time.
- The stairs from the main lobby down to the gym floor will be closed. To access the gym, patrons and staff will use the ramp located near physical therapy and the aerobics room.
- Temporary walls will be put in place around areas where renovation work is actively taking place. This is for the safety of staff and patrons.

Keep checking back for more updates as we learn more about this project!