



August 2025

# Wellness Center Renovations Project Update

## Coming in August:

- Physical Therapy will move into their new space before the end of the month.
- Wellbriety will also move into their new space before the end of the month.
- Our last few pieces of new cardio equipment will arrive in early August.
- The weight room floor will be re-arranged so the next phase of renovation can begin.
- We will have an open house for community members to walk through the new PT and Wellbriety spaces. Please keep an eye on our Facebook page for more information.

During the month of July, Walker Construction continued working on renovations in Physical Therapy, Wellbriety, locker rooms, and the pool. We now have flooring, fresh paint and light fixtures in the Physical Therapy and Wellbriety areas – we're very excited to open these areas in August!

Work in the pool is moving right along. Much of the noise you hear in the building is from the hydro-blasting process as crews prep the pool for resurfacing, giving the pool a fresh look and feel. We will continue to have disposable ear plugs available to patrons who need them, please check in with one of our staff members if you would like a pair.

In July, we received 19 pieces of new cardio fitness equipment including stair climbers, treadmills, arc trainers, and seated bikes! To better organize our new equipment, we've slightly re-arranged our fitness floor, and we've stored some of the equipment in the aerobics room. Fitness classes normally held in the aerobics area will still be available.

We have a lot to look forward to as we near the end of summer – thanks for keeping up with us so far!