

COEUR CENTER

Class Schedule | Fall 2025

FACILITY HOURS: Mon - Sun, 10am - 7pm

WATER PARK HOURS: Mon - Sun, 10am - 6:30pm
Mon - Fri, 3 - 5pm pool is closed to public

** Classes subject to change. Please visit our website for list of holiday closures.*

AQUA FITNESS

Tue & Thurs | 10:30am-11:15am

Temporarily @ Coeur Center Pool

Also called "aqua aerobics", use the natural resistance and buoyancy of water against your body to provide a wide variety of conditioning activities.

AQUA ZUMBA

Tuesdays | 1:15pm-1:50pm

Temporarily @ Coeur Center Pool

Splash your way into shape with an invigorating low-impact aquatic exercise.

WOMAN'S OPEN GYM

Wednesday | 7-8:30pm

Sept 10th- Oct 22nd

@ Coeur Center Gym

Jump in for some exciting pick-up basketball games.

Lap lane closed.

RIVER FIT

Mon, Wed, & Fri | 10:30-11:15am

@ Coeur Center Pool

Aquatics strength and conditioning aerobics class for all fitness types.

NOON-BALL

Tues & Thurs | Noon-1pm

@ Coeur Center Gym

Visit our website events page for fun activities each month!

www.marimnhealth.org/calendar/

Scan for membership info:



marimnhealth.org/coeur-center/

 **@CoeurCenter**

Questions about our classes? Give us a call:
208-686-KIDS (5437)

Updated as of 9/16/2025



**MARIMN
HEALTH**

COEUR CENTER