



November 2025

Wellness Center Renovations Project Update

Coming in November:

- Renovation work will **begin in the gym**
- Men's restroom at the entrance of the building will **closed**
- Renovation will begin in the **new HIIT room** and group fitness area upstairs
- BGC **Teen Services will move** to the Wellness Center

October was an exciting time at the Wellness Center. We received a delivery of new strength equipment for the fitness floor that included a variety of strength machines to target every muscle group, plus some new squat racks. These new machines replaced some of the original equipment that was purchased back in 1998! A big completion came at the end of October and we are pleased to announce that the men's dry sauna and steam room are officially reopened!

Coming in November, renovation work will begin in the basketball gym. During this time the construction crew will build a temporary divider so they can work on the north half of the gym near the bleachers. The south half (closest to the fitness floor) will remain open for use.

Next up in this phase, we will start converting the racquetball room into our new HIIT fitness floor. When this work begins, we will move our fitness equipment back onto the main fitness floor. This will be the last time we have to move fitness equipment around!

Exciting news for BGC teens - the new teen room at the Wellness Center is almost complete! Once completed, we will begin moving our Teen Services Program from the Coeur Center to the Wellness Center.

Work in other areas of the building is on-going. Demolition work has been completed in the areas that are soon to become conference rooms, and our new main front desk. We expect these to open along with our pool early in the new year.